



ACA Wolves Athletics

All students taking part in ACA athletics must complete this packet before participating in any event, including a practice. Contact Athletic Director Ahlam Samad at ahlam.samad@azacademy.org with questions.

- Complete ACA Athletic Packet, Student-Athlete Contract, Physical Exam Form, Consent for Emergency Care, and the Parental or Legal Guardian Consent/Insurance Form. Be sure to include a copy of your medical insurance card. Annual Pre-participation Evaluation Sheet and the Annual Physical Examination Sheet -*Physical must be from an MD, DO, NP, or PA-C*

o Concussion course required for all athletes. <https://learn.barrowneuro.org/login/index.php>

o Pay the required athletic fee (Grades 5-12: \$150 per sport). Fee is non-refundable.

- Rosters will be finalized once the athlete has completed the packet, submitted documents and fee.
- Sports grants are available to help cover fees for those that qualify. Please contact the Athletic Director.
- Team uniforms must be returned at the end of each sports season.
 - o *Fees will be applied for any damaged or missing uniforms*

o Indicate sports in which your student is participating:

- Varsity Boys Soccer (Fall)
- Varsity Boys Flag Football (Fall)
- Varsity Boys Basketball (Winter)
- JV Boys Basketball (Winter)
- HS Girls Basketball (Winter)
- Middle School Girls Basketball (Winter)
- Middle Boys School Basketball (Spring)
- Middle Boys School Soccer (Spring)

Return all completed forms to the ACA Athletic Director, along with this cover sheet and payment.

Print student's name: _____ Parent's signature: _____

PARENTAL OR LEGAL GUARDIAN CONSENT/INSURANCE FORM

Family Physician _____

Parent Home Address _____

Phone _____

Hospital _____

I/we give our permission for _____ to participate in organized Interscholastic Athletics, realizing that such activity involves the potential for injury that is inherent in all sports. I/we acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, the injuries can be so severe as to result in total disability, paralysis, quadriplegia or even death.

Insurance: It is required that each student athlete has on file with the Athletic Director or his designee proof of insurance coverage prior to practice. Please submit a copy of the insurance card.

Request for permission to use family health and accident insurance in lieu of required student school insurance? I understand that Arizona Cultural Academy requires all students participating in athletics, to be covered by an insurance program. Fully understanding and by accepting all responsibility, and absolving the school board and the school of such responsibility, I hereby petition that my personal family health and accident insurance be acceptable to the school board in lieu of any required insurance for my son/daughter/(ward). I further accept full responsibility for all obligations, financial or otherwise, which may result from injuries while participating in the above mentioned activities to the said student.

Son/Daughter: _____

Signature of Parent or Guardian: _____

Waiver of Liability

This agreement releases Arizona Cultural Academy from all liability relating to injuries or illnesses that may occur on our facilities. By signing this agreement to hold Arizona Cultural Academy entirely free from any liability, including financial responsibility for any injuries/illnesses occurred.

I also acknowledge the risks involved in athletic participation. These include but are not limited to: injuries due to athletic participation or the risks of Covid-19. I affirm that my child is participating voluntarily and that all risks have been made known to me.

By signing this document, you are acknowledging that:

ξ Your child is not exhibiting any symptoms of Covid-19 or any other illness that can be transferred.

ξ You will not hold Arizona Cultural Academy financially responsible for any bodily injury or illness that occurs on campus.

ξ Your child will follow all proper safety and sanitation protocol in place at Arizona Cultural Academy.

Name of Child: _____

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Date: _____

Student Athlete Contract

**"Inspiring AnmCA Students to Develop Athletic Skill
and Outstanding Character Through Competitive Sports"**



STUDENT-ATHLETE

NAME _____ SPORT _____

I understand that a fulfilling educational sport experience requires the exercise of responsibilities on the part of both personnel associated with the athletics program and student-athletes. As a student-athlete, I understand my responsibility to commit to the principles of self-discipline, collaborative effort, and team building, and to be an ambassador for the institution.

Academic Standards

I understand that the athletics department is committed to the philosophy that student-athletes are students first and foremost and that all student-athletes must exhibit behaviors that demonstrate a commitment to maximizing academic success as their priority. I understand that the athletics department has created the following standards, strategies, and policies to maximize the possibility of student-athletes meeting their academic goals. I understand that I am obligated to comply with these standards:

- Student-athletes must adhere to all academic requirements.
- Student-athletes' academic progress is monitored by the Dean of Students. If at any time, the Dean of Students receives academic information that a student-athlete is not meeting his or her responsibilities (i.e. warning notices, probationary status notices, grade point average reduction, excessive absences notices, etc.) the Dean will meet with the Athletic Director and head coach to determine if playing or practice privileges will be restricted, suspended, or terminated.
- If a student-athlete's grade drops below a 3.0 cumulative GPA, he or she will become automatically ineligible to participate until the grade returns to the 3.0 cumulative GPA minimum.
- Excessive absences may result in restriction of a student-athlete's participation in practice or competition.
- Student-athletes are expected to meet all deadline dates for class.

Behavioral Expectations

I understand that student-athletes are visible representatives of the institution both on campus and off-campus. Student-athlete behavior affects public perception of institutional ethos, athletics department standards, and the character of the student body. Therefore, it is an expectation that

student-athletes will demonstrate consistent role model behavior, sportsmanship, and self-control. More specifically:

- Student-athletes must be committed to fair play. Intentional acts of unsportsmanlike behavior or cheating will not be tolerated.
- When representing their teams during competition, student-athletes will exercise self-control in all ways including, but not limited to, resisting the use of profanity, demonstrating unnecessary aggression or hostility towards others, making inappropriate physical gestures, taunting or excessively celebrating, and disrespecting coaches, officials, teammates, or opponents.
- Participation in an athletic event, practice, games, and travel to and from school are considered an extension of the school day and therefore all behavior is governed by the student code of conduct. Violations of the Student Code of Behavior that occur during athletic events will be disciplined as if they were a classroom action.

Physical Conditioning and Training

I understand that physical conditioning and training programs in preparation for athletics performance as designed and supervised by coaches require intense physical activities, constant feedback, and creating benchmarks to maximize each athlete's potential and team success. I understand that participation in training and instruction is an educational process that requires collaboration between athletics staff and student-athletes, especially as such collaboration is intended to minimize the inherent risks associated with intense physical activities that can also be mentally and emotionally challenging. Therefore, I understand the need for and accept the following participation responsibilities:

- Report to my coach or an athletics trainer, any change in my physical, mental or emotional well-being that may affect my ability to participate safely. This includes any additions of prescription medications or over the counter supplements.
- Commit to completing all conditioning activities and practice sessions I am asked to perform to ready me for the physical, mental, and emotional stress associated with my sport unless I have documented limitations that have been approved by the medical or counseling staff.
- Follow the guidelines given to me by my coaches and trainers regarding hydration, sleep, and nutrition.
- Communicate with my coach or trainer any time I feel any abnormal or labored physical response to exercise (i.e. pain, nausea, shortness of breath, dizziness, etc.) and to stop the activity immediately.
- Communicate with my coach or trainer any time I feel incapable of continuing to participate due to any physical, mental or emotional distress.
- Communicate with my coach or athletic trainer if I become aware of another athlete's abnormal or labored physical, mental, or emotional response to any activity.
- Recognize that participation decisions must be made by professional athletics staff members. Parents may not override these decisions.

Teamwork and Team Expectations

It is a **privilege** to be a WOLVES player! To be an effective player, all players should have a strong desire to play. However, this does not mean players are **entitled** to playing time. There will be situations in which the coach decides to give players little or no playing time, while others will play most of the game. This is the nature of school athletics; the coach's decision will be final.

Players will receive playing time based on the following criteria:

- Commitment
- Effectiveness and effort in practice
- Effectiveness and effort in games
- Knowledge of the system

- Physical and mental preparation
- Physical and mental conditioning
- Attitude
- Following team rules

Every player has a role to fulfill on the team, and the team depends upon each player to fulfill their role.

I agree to accept the participation standards and policies listed above and knowingly accept that violations of these standards may result in a variety of sanctions by the athletics department including, but not limited to restriction, suspension from, or termination of participation in the athletics program.

Student-Athlete Signature:

_____ Date: _____

Parent's Signature:

_____ Date: _____