



## Breakfast/ Snack Foods Served

Specific weekly breakfast/ snack menus are posted in the classroom weekly as well as the catered lunch menus.

Please do not send water, we have filtered water available in every classroom. We also have ketchup and 100% apple juice available (served twice a week) at lunch time if children do not have their own juice. Milk is served on days when juice is not served.

Milk/ Dairy	1% milk, yogurt, cream cheese, string cheese
Grains	Bagels, english muffins, whole grain bread, pancakes, granola bars, blueberry muffins, cinnamon-raisin bread, animal crackers, graham crackers, Ritz crackers, saltine crackers, Cheerios
Fruit and Vegetables	Carrots, broccoli, tomatoes, cucumber, banana, apples, grapes, oranges, dried plums, raisins, pineapple, peaches, other seasonal fruit and vegetables
Extras	Ranch dressing, honey, jam